



# THE STERLING AVENTURA ACTIVITIES CALENDAR

Passover

APRIL 2008



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Welcome New Residents</b> Sol Alexander Jack Snitkin William Snitkin Donald Nunley Mary Corenblum Frances Casale Bella Sutkin Leonard Rothman</p>	<p>Please come and join our Mah Jongg Group on Tuesdays. "Knit Wits &amp; Kibbutzers" meet all through the month, check your calendars and signs. Employee Spirit Month - National Craft Month Alcohol Awareness Month - Dog Appreciation Month Keep America Beautiful Month - National Garden Month National Humor Month - National Parkinson's Awareness Month Birthstone - Diamond (Innocence) Flowers - Sweet Pea (Alt. Daisy) Colors - Yellow and Red</p>	<p>10 - 12 Free Chair Massages by J &amp; D Chair Massages Inc. (2) 10:30 Exercise Class (3) 10:30 Knit Wits and Kibbutzers (3) 11:00 Devotional Faith w/ Rev. Keyser (3) 1:00 Let's Play Mah Jongg (7) 1:30 Bridge Club (5) 2:00 Rummikub (2) 2:30 <b>Manager's Tea</b> (DR) 7:00 Evening Movie (2) April Fool's Day</p>	<p>10:30 Exercise Class (3) 10:30 Knit Wits and Kibbutzers (3) 11:00 Trivia Pursuit (3) 1:00 Free Blood Pressure Check (AR) 2:00 <b>Jim Sullivan Plays Piano</b> (3) 3:15 Bingo (AR) 6:30 Pan Cards w/Marvin Barbach (5) 7:00 Evening Movie (2)</p>	<p>10:30 Exercise Class (3) 11:00 Word Games (3) 1:30 Bridge Club (5) 2:00 Stretch &amp; Balance w/Kemuel(AR) 3:00 Come &amp; Play Rummikub (2) 3:15 Jewelry with Xiomara (AR) 3:30 Knit Wits and Kibbutzers (3) 7:00 Evening Movie (2)</p>	<p>10:30 Exercise Class (3) 11:15 <b>Outing: Ruby Tuesday's</b> (G) 2:00 <b>Black Jack</b> (AR) 3:15 Shabbat Service (AR) 7:00 Friday Night Movies (2)</p>	<p>10:30 Exercise Class (3) 11:00 <b>Black Jack "21"</b> w/Dottie (AR) 2:00 <b>Florence Brinn Sings</b> (3) 3:15 Bingo (AR) 3:30 Bridge Club (5) 6:30 Pan Cards w/ Marvin Barbach (5) 7:00 Saturday Night at the Movies (2)</p>
<p>10:30 Exercise Class (3) <b>6</b> 11:00 Church Service (AR) 11:00 Knit Wits &amp; Kibbutzers (3) 1:30 Bridge Club (5) 1:30 Afternoon Movie (2) 2:00 Bingo (AR) 3:30 <b>Elaine Wagman Sings</b> (3) 7:00 Evening Movie (2)</p>	<p>10:30 Exercise Class (3) <b>7</b> 11:00 Senior Trivia (3) 2:00 Bingo (AR) 3:30 <b>High Skilled Art Class</b> (AR) 6:30 Pan Cards w/ Marvin Barbach (5) 6:45 Bracha "Wisdom of Life" (AR) 7:00 Evening Movie (2)</p>	<p>10:30 Exercise Class (3) <b>8</b> 10:30 Knit Wits and Kibbutzers (3) 11:00 Devotional Faith w/ Rev. Keyser (3) 1:00 Let's Play Mah Jongg (7) 1:30 Bridge Club (5) 2:00 Rummikub (2) 2:00 <b>Stretch &amp; Strength w/ Angela</b> (AR) 3:00 <b>Resident Council Meeting</b> (3) 7:00 Current Events w/ Al Sheridan (AR)</p>	<p>10:30 Exercise Class (3) <b>9</b> 10:30 Knit Wits and Kibbutzers (3) 11:00 Trivia Pursuit (3) 1:30 Adopt a Bubby (AR) 2:30 Bingo (AR) 3:30 <b>Dragon Plays the Keyboard</b> (3) 4:30 <b>Dinner Outing: Peppermill</b> (G) 6:30 Pan Cards w/Marvin Barbach (5) 7:00 Evening Movie (2)</p>	<p>10:30 Exercise Class (3) <b>10</b> 11:00 You Be the Judge (3) 1:30 Bridge Club (5) 2:00 Stretch &amp; Balance w/Kemuel (AR) 3:00 Come &amp; Play Rummikub (2) 3:30 Gardening w/ Robert (AR) 3:30 Knit Wits and Kibbutzers (3) 7:00 Evening Movie (2)</p>	<p>10:30 Exercise Class (3) <b>11</b> 11:15 <b>Outing: China Topia</b> (G) 2-5:00 "Canasta" with Florence (8) 2:00 Book Review w/ Jerry Layton (AR) 3:15 Shabbat Service (AR) 7:00 Friday Night Movies (2)</p>	<p>10:30 Exercise Class (3) <b>12</b> 11:00 <b>Black Jack "21"</b> with Dottie (AR) 2:00 <b>Sheila Plays the Piano</b> (3) 3:15 Bingo (AR) 3:30 Bridge Club (5) 6:30 Pan Cards w/ Marvin Barbach (5) 7:00 Saturday Night at the Movies (2)</p>
<p>10:30 Exercise Class (3) <b>13</b> 11:00 Church Service (AR) 11:00 Knit Wits &amp; Kibbutzers (3) 1:30 Bridge Club (5) 1:30 Afternoon Movie (2) 2:00 Black Jack (AR) 3:30 <b>Bill Graham Sings</b> (3) 7:00 Residents Sing-A-Long w/ Barbara (3)</p>	<p>10:30 Exercise Class (3) <b>14</b> 11:00 "Life Changes" w/ Chapel Lissa (3) 2:00 <b>Bingo</b> (AR) 3:30 <b>Bob Lawrence Performs</b> (3) 6:30 Pan Cards w/ Marvin Barbach (5) 6:45 Bracha "Wisdom of Life" (AR) 7:00 Evening Movie (2)</p>	<p>10:30 Exercise Class (3) <b>15</b> 10:30 Knit Wits and Kibbutzers (3) 11:00 Devotional Faith w/ Rev. Keyser (3) 12:00 <b>New Resident Welcome Lunch</b> (PDR) 1:00 Let's Play Mah Jongg (7) 1:30 Bridge Club (5) 2:00 Rummikub (2) 2:00 <b>Stretch &amp; Strength w/ Angela</b> (AR) 3:15 <b>Activities Planning Meeting</b> (AR) 7:00 Current Events w/ Al Sheridan (AR)</p>	<p>10:30 Exercise Class (3) <b>16</b> 10:30 Knit Wits and Kibbutzers (3) 11:00 Trivia Pursuit (3) 1:00 Free Blood Pressure Check (AR) 2:00 Bingo (AR) 3:30 <b>Ron Dagan Plays the Guitar</b> (3) 6:30 Pan Cards w/ Marvin Barbach (5) 7:00 Evening Movie (2)</p>	<p>10:30 Exercise Class (3) <b>17</b> 11:00 Word Games (3) 1:30 Bridge Club (5) 2:00 Stretch &amp; Balance w/Kemuel (AR) 3:00 Come &amp; Play Rummikub (2) 3:15 <b>Black Jack</b> (AR) 3:30 Knit Wits and Kibbutzers (3) 7:00 <b>Speaker Hersh Adlerstein From FIU</b> (2)</p>	<p>10:30 Exercise Class (3) <b>18</b> 11:15 <b>Outing: Grand Lux Cafe</b> (G) 2-5:00 "Canasta" with Florence (8) 2:00 <b>Black Jack</b> (AR) 3:15 Shabbat Service (AR) 7:00 Friday Night Movies (2)</p>	<p>10:30 Exercise Class (3) <b>19</b> 11:00 <b>Black Jack "21"</b> with Dottie (AR) 2:00 <b>Trivia &amp; What Not w/ Sonny Newman</b> (3) 3:15 Bingo (AR) 3:30 Bridge Club (5) 5:00 1st Seder Dinner (DR) 6:30 Pan Cards w/ Marvin Barbach (5) 7:00 Saturday Night at the Movies (2) Passover Starts at Sundown</p>
<p>10:30 Exercise Class (3) <b>20</b> 11:00 Church Service (AR) 11:00 Knit Wits &amp; Kibbutzers (3) 1:30 Bridge Club (5) 1:30 Afternoon Movie (2) 2:00 Bingo (AR) 3:30 <b>Winston McBean plays Piano</b> (3) 5:00 2nd Seder Dinner (DR) 7:00 Evening Movie (2)</p>	<p>10:30 Exercise Class (3) <b>21</b> 11:00 Senior Trivia (3) 2:00 Bingo (AR) 3:30 <b>High Skilled Art Class</b> (AR) 6:30 Pan Cards w/ Marvin Barbach (5) 7:00 Evening Movie (2)</p>	<p>10:30 Exercise Class (3) <b>22</b> 10:30 Knit Wits and Kibbutzers (3) 11:00 Devotional Faith w/ Rev. Keyser (3) 1:00 Let's Play Mah Jongg (7) 1:30 Bridge Club (5) 2:00 Rummikub (2) 2:00 <b>Stretch &amp; Strength w/ Angela</b> (AR) 3:00 <b>Jewelry With Xiomara</b> (AR) 7:00 Current Events w/ Al Sheridan (AR) Earth Day</p>	<p>10:30 Exercise Class (3) <b>23</b> 10:30 Knit Wits and Kibbutzers (3) 11:00 Trivia Pursuit (3) 2:00 <b>Spooky Jones Sings</b> (3) 3:15 Bingo (AR) 6:30 Pan Cards w/Marvin Barbach (5) 7:00 Evening Movie (2)</p>	<p>10-3 Jewelry Show w/ Zonia (2) <b>24</b> 10:30 Exercise Class (3) 11:00 You Be the Judge (3) 1:30 Bridge Club (5) 2:00 Stretch &amp; Balance w/Kemuel (AR) 3:00 Come &amp; Play Rummikub (2) 3:15 <b>Black Jack</b> (AR) 3:30 Knit Wits and Kibbutzers (3) 6:30 High Stakes Bingo Night (AR)</p>	<p>10:30 Exercise Class (3) <b>25</b> 11:15 <b>Outing: Red Lobster</b> (G) 2-5:00 "Canasta" with Florence (8) 2:00 Book Review w/ Jerry Layton (AR) 3:15 Shabbat Service (AR) 7:00 Friday Night Movies (2)</p>	<p>10:30 Exercise Class (3) <b>26</b> 11:00 <b>Black Jack "21"</b> with Dottie (AR) 2:00 <b>Damira Plays the Classics</b> (3) 3:15 Bingo (AR) 3:30 Bridge Club (5) 6:30 Pan Cards w/ Marvin Barbach (5) 7:00 Saturday Night at the Movies (2)</p>
<p>10:30 Exercise Class (3) <b>27</b> 11:00 Church Service (AR) 11:00 Knit Wits &amp; Kibbutzers (3) 1:30 Bridge Club (5) 1:30 Afternoon Movie (2) 2:00 Black Jack (AR) 3:30 <b>Muses of Music</b> (3) 7:00 Evening Movie (2) 8th Day of Passover</p>	<p>10:30 Exercise Class (3) <b>28</b> 11:00 "Life Changes" w/ Chapel Lissa (3) 2:00 <b>Bingo</b> (AR) 3:30 Holly Carol Performs (3) 6:30 Pan Cards w/ Marvin Barbach (5) 6:45 Bracha "Wisdom of Life" (AR) 7:00 Evening Movie (2)</p>	<p>10:30 Exercise Class (3) <b>29</b> 10:30 Knit Wits and Kibbutzers (3) 11:00 Devotional Faith w/ Rev. Keyser (3) 1:00 Let's Play Mah Jongg (7) 1:30 Bridge Club (5) 2:00 Rummikub (2) 2:00 <b>Stretch &amp; Strength w/ Angela</b> (AR) 3:00 <b>Food Committee Meeting</b> (3) 7:00 Current Events w/ Al Sheridan (AR)</p>	<p>10:30 Exercise Class (3) <b>30</b> 10:30 Knit Wits and Kibbutzers (3) 11:00 Trivia Pursuit (3) 1:00 Free Blood Pressure Check (AR) 2:00 <b>Kat Jasmine Sings</b> (3) 3:00 <b>April B-Day Party w/ Cake</b> (3) 3:30 Bingo (AR) 6:30 Pan Cards w/Marvin Barbach (5) 7:00 Evening Movie (2)</p>	<p><b>Happy Birthday to our Wonderful Residents!</b></p> <p>Ida Kleinberg - Apr. 5 Michael Fader - Apr. 6 Charlotte Everett - Apr. 7 Edith Rosenman - Apr. 15 George Murray - Apr. 23 Betty Adyr - Apr. 26 Burton Engels - Apr. 28 Pauline Hoffman - Apr. 30</p> <p>John Enyon - Apr. 6 Rose Winkler - Apr. 6 Marilyn Friedman - Apr. 10 Hilda Waltman - Apr. 19 Belle Magida - Apr. 25 Leonard Rothman - Apr. 26 Klaus Kuschnirow - Apr. 28</p>		<p>AR - Activities Room (2) PDR - Peacock Dining Room 2nd - 2nd Floor Lounge ( Movies &amp; Rummikub) (2) 3rd - 3rd Floor Program Lounge ( Music) (3) 4th - 4th Floor Lounge (Computer Ed.Classes) (4) 5th - 5th Floor Lounge (Pan Card Game) 8th - 8th Floor Lounge (Poker &amp; Canasta) (8) Patio - Outside Patio (Sing-A-Longs,Trivia, "Lounging in the Breezes!" ) Ground Level - Main Lobby E-Mail, Internet &amp; Yahoo Accounts - See Cathy We are Very Proud of our KNIT WITS!!</p>

## PHILIP RIGGIO

When the elevator doors open at the fourth floor of the Sterling, residents know that they are very likely to see sitting at the computer, Philip Riggio, about whom we are focusing our story this month. Many people are aware that Philip is not only cyber savvy, that is, informed about the internet and related topics, but also an expert linguist who speaks and reads a number of languages, including Spanish, Portuguese, and Latin.

Philip, who was born in New York City in 1938, was the second of twins. Twins were not a surprise to his mother and father, since there were twins in the families of both his parents who were also born in New York City. However, Philip reported that his grandparents were immigrants. His father's parents had come from Sicily and his mother's from what is now Poland, but was part of the kingdom of Prussia.

When Philip was young, the family moved to a suburb of Scarsdale, New York--a Hudson River town in West Chester County. As a young child, he attended both public and Catholic schools there, and later from fifth to ninth grades, he went to a boarding school in Tarrytown. Still later, he was enrolled in Choate Boarding School in Wallingford, Connecticut--a school which J F Kennedy had attended.

Both Philip and his brother went to Yale University. In 1956, as a member of the Naval Reserve, Philip was called up for duty during the Suez crisis. After two years in active duty, he went back to Yale from which he graduated in 1961.

Philip related that his family could afford to send him to fine schools because his grandfather, who did not even have trolley fare when he arrived in this country, became a salesman for the American Tobacco Company and eventually rose to become the President and Chairman of that company which made Pall Mall Cigarettes. Philip added that his mother's father was a bank executive.

As for Philip's parents--Philip's father worked in the advertising business and became the troubleshooter for Arthur Godfrey at CBS. Philip said that he inherited his talent for languages from his family and that, in fact, his brother became one of the top linguists for the State Department.

In 1962, Philip was admitted to Harvard Law School which he attended, but which he later decided not to finish. He then went to work for four years in the advertising business for Young and Rubicam, a major advertising firm, and he was assigned important media clients.

In 1967, Philip returned to law school--Yale Law--but again did not finish, but, instead, in 1968 obtained a job at New York Life Insurance Company. In 1968, he left for Merrill Lynch Brokerage Firm to sell stocks. Later, he went to Puerto Rico and became director of advertising for Goya Foods, a company which made Spanish food products. He remained there until 1972.

After these diverse employment experiences, Philip again went in the brokerage business--this time in Los Angeles for Nomura Securities--Japan's biggest stock brokers. In 1974, Philip returned to New York where he wrote contracts and did trading for a ship chartering company.

And, in 1976, Philip came to Florida where he became a real estate salesman, formed a real estate brokerage firm and a securities investment company. He reported that these endeavors were very successful, partly because of his contacts in South America. No doubt, it was also due to his expertise in these fields.

However, he had to stop working to help his parents who had become ill. They had moved to Palm Beach, Florida in 1970, and his father had a stroke in 1982. His mother could not cope by herself, and Philip's father asked Philip if he would take care of his mother and if he would administer the family estate.

Philip's father died in 1983. Then, in 1987, his mother suffered a stroke, and Philip took care of her until 2003 when she also died.

Philip became the executor of the estates and managed them. However, five and one half months after his mother's death, Philip became sixty-five and he himself had congestive heart failure. And, in January, 2004 he, too, had a stroke. Since Philip's brother lived in Hollywood, Florida, he suggested that Philip move to the Sterling where he has lived since February, 2004.

Philip enjoys working at the computer on which he reads several newspapers in various languages and magazines. He also reported that he likes Latin music and listens to it often. Regarding politics, he said that he is a conservative. He also noted that he knew Jeb Bush personally.

Residents enjoy talking with Philip at lunch and dinner and listening to his erudite comments about the political scene and a wide array of other subjects.

We wish Phillip many more years of continued good health and happiness.

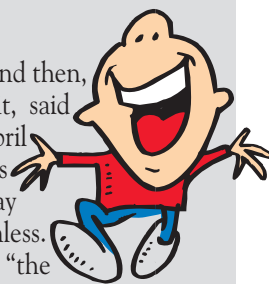
*Barbara Marmorstein*

## April Fools' Day April 1

Have you ever played a joke on someone and then, just when that person has fallen for it, said "April Fools!?" April 1 is known as April Fools' Day, and, although no one really knows how the holiday began, it's a great chance to play a joke on someone--as long as the joke is harmless. April Fools' Day gives everyone a chance to play "the fool."

Also called All Fools' Day, April Fools' Day has been observed for centuries in several countries. The timing of the holiday seems related to the vernal equinox which marks the beginning of spring (usually around March 21), when nature "fools" mankind with sudden changes in the weather.

The custom of playing April Fools' jokes in America came from Britain. The holiday is still observed by both kids and adults with simple jokes as well as involved hoaxes. So when April 1 rolls around, it's time to play a good joke on someone and then shout "April Fools!"



## Seniors – Some Sarcastic Humor About our Lives!



A group of seniors were sitting around the pool in sunny North Miami Beach, Florida talking about all their ailments.

"My arms have gotten so weak I can hardly lift this cup of coffee," said one.

"Yes, I know," said another. "My cataracts are so bad I can't even see my coffee."

"I couldn't even mark an 'X' at election time, my hands are so crippled", volunteered a third.

"Well, count your blessings," said one woman cheerfully –

**"THANK GOD WE CAN ALL DRIVE."**

**Remember, we are ALL in this car together...**

# The Silver Connection



The Sterling Aventura • 2777 NE 183 Street • Aventura, FL 33160 • (305) 918-0000 • www.sterlingaventura.com

April 2008

## The Sterling Team

Executive Director  
**Charles Hatch**, Ext. 201

Resident Relations Director  
**Jeremy Jordan**, Ext. 231

Director of Food Services /  
Executive Chef  
**Hassan Ghanbari**, Ext. 211

Social Director/Activities  
**Cathy Finkelstein**, Ext. 245

Director of Nursing  
**Odallys Fernandez**, Ext. 242

Director of Housekeeping &  
Maintenance  
**Butch Tenay**, Ext. 229

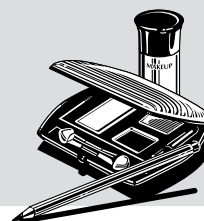
Office Manager  
**Jessica Cabrera**, Ext. 203

## NEWS FLASH FROM ACTIVITIES

Come meet the new beauty saloon staff. Effective April 1st, 2008 the beauty shop will be under new management. We hope everyone will come meet the new stylists.

The salon will be open Tuesday, Wednesday and Thursday with a special time for a barber on Tuesday morning.

Don't miss out meeting the new hair dressers and the staff.



## SHALOM AND WELCOME TO PASSOVER

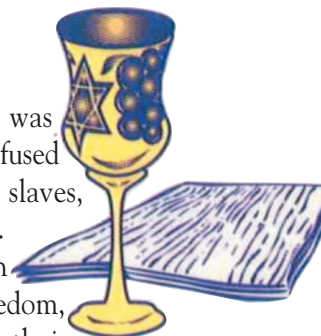
### It's History:

Passover celebrates the Jewish people's freedom from Egyptian bondage that took place approximately 3,700 years ago. "Israelites" were enslaved by the Egyptians under the rule of the Pharaoh Ramses II. Moses, a simple Jewish shepherd, was instructed by G-d to go to the pharaoh and demand the freedom of his people.

Moses' plea of let my people go was ignored. Moses warned the Pharaoh that G-d would send severe punishments to the people of Egypt if the "Israelites" were not freed. Again the Pharaoh ignored Moses' request of freedom. In response, G-d unleashed a series of ten terrible plagues on the people of Egypt: Blood, Frogs, Lice (Vermin), Wild Beasts (Flies), Blight (Cattle Disease), Boils, Hail, Locusts, Darkness and Slaying of the First Born.

### Meaning of Freedom in Faith

The holiday's name - Pesach, meaning "Passing Over" or "Protection" in Hebrew, is derived from the instructions given to Moses by G-d. In order to encourage the Pharaoh to free the "Israelites", G-d intended to kill the first-born of both man and beast. To protect themselves, the "Israelites" were told to mark their dwellings with lamb's blood so that G-d could identify and "Pass Over" their homes.



The Pharaoh was unconvinced and refused to free the Jewish slaves, until the last plague. When the Pharaoh finally agreed to freedom, the "Israelites" left their homes so quickly that there wasn't even time to bake their breads. So they packed the raw dough to take with them on their journey. As they fled through the desert they would quickly bake the dough in the hot sun into hard crackers called Matzohs. Today to commemorate this event, Jews eat Matzoh in place of bread during Passover.

Though the Jews were now free, their liberation was incomplete. The Pharaoh's army chased them through the desert towards the Red Sea. When the Jews reached the sea they were trapped, since the sea blocked their escape. It was then that a miracle occurred. The waves of the Red Sea parted and the Israelites were able to cross to the other side. As soon as they all reached the other side the sea closed trapping the Pharaoh's army as the waves closed upon them. Then as the "Israelites" watched the waters of the Red Sea sweep away the Pharaoh's army they realized they were finally free.

## The Sterling Aventura, Zero Deficiencies result per Agency of Health Care Administration (AHCA) recent survey

In March, 2008, The Sterling Aventura was surveyed by The Agency of Health Care Administration (AHCA). The unannounced survey included a review of the facility's nursing procedures, health codes, cleanliness, employee screening and background checks, staff training and development, quality of resident care and emergency preparedness. The Sterling Aventura passed the survey with zero deficiencies. This is the fourth time in a row the Sterling received this distinction. We want to congratulate and thank the staff of The Sterling of Aventura for their wonderful performance during the survey and all year round.