

**EVA SCHULTZ**

Many Sterling residents probably still recall World War II. But, several people who live here will, no doubt, always remember it. These are men and women who were put in concentration camps during that time. One of these women, Eva Schultz, is the subject of today's story.

In fact, Eva, who was born in Rumania, now Hungary, was sent to a camp in Germany where she lived for a year and a half until she was liberated by the American army. Her parents and sisters were killed during the war, and only Eva and her older brother were living at the end of the war. They came to the United States in 1946 when Harry Truman was president and advocated that children of war victims be permitted to come to the United States. Eva wanted to reside in New York because her Mother had a sister living there.

She went to live in a children's home in the Bronx, and was diagnosed as having tuberculosis. Eva was then sent to Bedford Hills Sanatorium outside of New York City. There she took classes to learn to speak English and to be taught about American history.

When she was better, she went to live with an Italian family whose daughter had a friend in Bedford Hills. The father of the family was an Italian cook and chef, so Eva learned to eat and cook Italian food. She stayed there for about nine months.

In 1946, she came to Miami to attend her brother's wedding and has lived here ever since then. She got a job working in a gift shop, and met her husband David with whom she lives here now. In fact, David was her brother's best man at his wedding. Eva, who is now 80, and David, now 82, were married in 1950.

To say a few words about David, too, he was from Detroit, Michigan and had graduated from the University of Miami School of Engineering. When Eva became pregnant, she had a medical relapse and credits her obstetrician with helping her get better and to have a healthy child, their daughter Robin Faith, who was born in 1953. She was blessed with a second daughter (Eva's words), Pam, in 1958.

Robin received a doctorate in speech therapy and audiology and has a private practice in Aventura. Pam is a banker in Hallandale whose work involves mortgages.

Eva and David now have 5 grandchildren, three of whom are Robin's children and two the children of Pam. The couple moved to the Sterling in July, three and one half years ago in 2004. They both participate in numerous activities, attending and enjoying current events classes, Rabbi Lisa and Bracha's presentations, and going out on Friday luncheon trips. David has artistic talent and regularly goes to classes on arts and crafts and plays bingo, while Eva is an excellent knitter, and is a member of the "Knit Wits" group that makes caps and scarves for children in the hospital. She mentioned that she learned to embroider, cook and clean in elementary school in Rumania.

Eva also talked about the fact that Elie Weisel was born in the same area as she was and that Stephen Spielberg did a wonderful job discussing the concentration camp legacy in his film and other work.

We are very proud and pleased to have such a special couple here at the Sterling and wish them many more years of good health and happiness.

*Barbara Marmorstein*

The Silver  Connection

The Sterling Aventura • 2777 NE 183 Street • Aventura, FL 33160 • (305) 918-0000 • www.sterlingaventura.com February 2008

**The Sterling Team**

- Executive Director*  
**Charles Hatch**, Ext. 201
- Resident Relations Director*  
**Jeremy Jordan**, Ext. 231
- Director of Food Services / Executive Chef*  
**Hassan Ghanbari**, Ext. 211
- Social Director/Activities*  
**Cathy Finkelstein**, Ext. 245
- Director of Housekeeping & Maintenance*  
**Butch Tenay**, Ext. 229
- Office Manager*  
**Jessica Cabrera**, Ext. 203

**ROYAL SENIOR CARE WELCOMES  
"THE STERLING AVENTURA"  
INTO THE FAMILY!**

It is with great pride that we announce the addition of The Sterling Aventura to our family of Communities. On January 1, Royal Senior Care (RSC) became the owner and operator of The Sterling. We are determined to make The Sterling the premier Senior Living Community in South Florida. We know words flow easily, but the proof of the pudding is in the results. Our over 20 years of experience in the senior living and care industry, has taught us that our success starts with each residents satisfaction.

The Sterling is no stranger to us. Our home office has been located, for 6 years, three miles away on Miami Gardens Drive. We have had our eye on The Sterling for years. Royal Senior Care is a private company, headed by an experienced management team, operating under the Royal Gardens Senior Living brand name. RSC owns and operates over 1,800 Independent and Assisted Living units, caring for over 1,400 residents in Florida, South Carolina and Georgia.

When a new Owner comes on the scene much excitement is created and all kinds of rumors abound. Understand that we believe in direct COMMUNICATION as a way of doing business and creating relationships. Certainly, there will be changes and opportunities to be creative in how the services and lifestyle is improved. Remember it is not done overnight. Right now we want to get to know our residents, staff, families, service providers and how the current organization works.

It is my responsibility and pleasure to lead the transition of The Sterling, as we work towards creating an atmosphere of a grand Five Star Hotel. It will take a lot of hard work, planning and cooperation to reach our goals. I invite you to share your ideas, suggestions and comments with me. I will be on premise daily or please email me at [lmankoff@royalseniors.com](mailto:lmankoff@royalseniors.com).

Looking forward to meeting each of you and working together to create the best possible care and lifestyle for our residents.

Sincerely,

*Larry Mankoff*  
Regional Manager

**GOOD EXERCISE FOR THE ELDERLY.**

You know how important exercise is, as we grow older. Here are a few suggestions. I start by standing outside behind the house and, with a five pound potato sack in each hand, extend my arms straight out to my sides and hold them there as long as I can. After a few weeks I moved up to 10 pound potato sacks, then 20 pound potato sacks and finally I got to where I could lift a 50 pound potato sack in each hand and hold my arms straight out for more than a full minute! Next, I started putting a few potatoes in the sacks, but I would caution you not to overdo it at this level.



*Valentine's Day Love Quotes*



If music be the food of love, play on. - Shakespeare

Grow old along with me, the best is yet to be. - Robert Browning

Love is the enchanted dawn of every heart. - Lamartine

Charm is a way of getting the answer yes without having asked any clear question. - Albert Camus (1913-1960)

It's not the men in my life that count -- it's the life in my men. - Mae West (1892-1980)

One of the keys to happiness is a bad memory. - Rita Mae Brown

At the touch of Love every one becomes a poet. - Plato

Love may not make the world go round, but I must admit that it makes the ride worthwhile. - Sean Connery

